

Message from CEO Robert Byers



As we move into the spring season, there is a feeling of renewal and new beginnings. This seemed the perfect time to share our team's time spent visiting the Canadian Museum for Human Rights in Winnipeg. The visit was part of our ongoing efforts to do our part to live the Calls to Action provided to all Canadians by the Truth and Reconciliation Commission of Canada and honour our Aboriginal heritage.

I would also like to draw your attention to our new "Serving Our Community" column that will appear in each issue of our newsletter going forward. This column will focus on services and partnerships that Namerind participates in to serve and strengthen our community. Our commitment to providing opportunity and support to our community while finding ways to serve and revitalize Regina remains a driving force behind all of our activities.

We welcome your feedback and ideas on our projects and partnerships. Please feel free to contact us or drop by our office anytime with feedback or questions.

Best,
Robert Byers

Pharmacy Expansion

Namerind owns and operates the Winnipeg Street Pharmacy, which opened in 2009, originally filling approximately 150 prescriptions per month and has expanded to filling over 1900 per month in 2016. The pharmacy has experienced growth month over month continuously since its opening, serving an increasingly broad community.

Last year, the pharmacy took part in a pilot program with Ranch Ehlo – a not-for-profit organization serving youth and young adults with emotional and intellectual disabilities. The initial pilot program of 12 patients became a



broader partnership serving over 100 patients in 2016. Due to the increase in prescriptions from this partnership and the pharmacy's growing patient base in the community, a second pharmacy counter was introduced and the staff expanded from one full-time pharmacist to two full-time pharmacists with a pharmacy technician for a total of three staff members.

The clinic housed in the Winnipeg Street Mall

serves a number of patients in the community, including a diverse base of Regina's immigrant community. Due to the recent influx of Syrian refugees to Regina, the clinic and the pharmacy have seen an increase in patients served and also an increasing diversification of needs. "Our pharmacy has seen continued growth with more prescriptions filled each month than the month before every month since our opening," said Bev Brooks, head pharmacist. "Our recent expansion to two floors allows us to serve our ever-growing patient base with an ongoing commitment to support and education. In some ways, this is now more important than ever, given the increased number of families relocating to Regina and needing our support."

For more information on the Winnipeg Street Pharmacy, please call 306-949-0900 or visit the pharmacy from Monday – Friday between 8:00 a.m. and 5:00 p.m. at 1106A Winnipeg Street in Regina.

Truth and Reconciliation: Namerind Staff Honours Cultural Heritage

In June of 2015, the Truth and Reconciliation Commission of Canada released its 94 Calls to Action after three years of hearing more than 6,750 survivor and witness statements across the country.

The Calls to Action are focused on protecting child welfare, preserving language and culture, promoting legal equity and

strengthening information on missing children. There is also a large focus on education about various topics from residential schools to the history of Aboriginal peoples.

Namerind has a focus on not only providing affordable housing to the Aboriginal community in Regina, but also undertaking endeavours to provide wealth and opportunity to the Aboriginal community. Because of this, Namerind President and CEO Robert Byers provided a copy of the Calls to Action to each Namerind employee.

"We saw the release of the Calls to Action and we thought 'What can we do? How can we contribute to educating and rebuilding the community?'" said Byers. "We decided to distribute the Calls to Action to our staff and to live them whenever we can."

One of the Calls to Action suggests sensitivity training so all Namerind staff underwent sensitivity training, where they focused on cultural and religious sensitivities within the Aboriginal and other communities. The staff also recently visited the Canadian Museum for Human Rights in Winnipeg, participating in a staff retreat that provided opportunities to educate themselves and bring that knowledge back to the community.



Truth and Reconciliation
Commission of Canada

"It was an extremely impactful trip," said Judith Langen, Director of Operations for Namerind. "A very educational and eye-opening experience, and at times a very emotional one. Our staff were able to gain a deeper understanding of historical and current challenges facing our community as well as other cultures and are now better equipped to share their new perspective and spread this knowledge and understanding."



**Winnipeg Street
Pharmacy**

**Supporting the
health & well-being
of our community**

8:30 a.m. - 12:00 p.m.

1:00 p.m. - 5:30 p.m.

Monday - Friday

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C O N T A C T

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Meet our Staff



Name:

**Trent Ferguson, staff pharmacist,
Winnipeg Street Pharmacy**

**Describe a typical day
for you at work:**

I work for the pharmacy, but most of my days are spent away from the dispensary.

I focus on handling prescriptions and answering questions pertaining to Ranch Ehrlo's patients. Ranch Ehrlo is a group of over 30 homes with over 100 patients ranging from children to young adults so it is a diverse patient population with diverse needs. I also focus a lot on creating compliance packs for medication so that it is easy for the staff to administer once it's received. My day might consist of filling prescriptions or speaking with psychiatrists about patients' prescriptions needs and taking calls to answer questions and provide information.

**What is your favourite thing about
working at the Winnipeg Street
Pharmacy?**

Namerind is a very supportive company to work for – a true team environment. There is a real feeling of community that I appreciate.

At the pharmacy I enjoy developing relationships with staff, doctors, and clinic staff, and I find having the opportunity to help patients optimize their medications and get the most out of their prescriptions particularly rewarding.

**Outside of work, what are some of
your favourite ways to spend time?**

I enjoy spending time with my family outside of work. I have a 9 year old and an 11 year old and spend time coaching teams for them and staying active myself through playing sports and being outdoors whether hiking, kayaking or doing other outdoor activities. I also love to enjoy music whenever I can.

Trent has been part of Namerind's team for just under a year.